

COOKING WITH A TWIST: INNOVATION AND WORKING WITH LIMITED RESOURCES

CLIENT APPLICATION AND PURPOSE

Cooking with a Twist is a fun and challenging activity to enhance team effectiveness during an offsite or workshop. Cooking assignments are designed to fit the client's needs and usually require strategic and innovative thinking, agility, direct communication and the effective use of limited resources.

ENHANCEMENT OF COLLECTIVE INTELLIGENCE

In the CIQ model of Collective Intelligence, the two major components that are being addressed by this activity are CIQ Team Intelligence and CIQ Social Intelligence.

☞ **CIQ Team Intelligence**

= Ability to effectively coordinate processes between the individual and team level

On a team level, Cooking with a Twist enhances effective communication, team cohesion, strategic planning and the innovative execution of unknown tasks. In order to create a delicious meal within a limited period of time, team members need to use their planning and coordination skills while working with the limited amount of resources provided.

☞ **CIQ Social Intelligence**

= Awareness of team members' personalities and how they interact with one another

Working under time pressure gets team members out of their heads and into their bodies. During this process, the social IQ of each team member is triggered and enhanced. Limited resources require a decentralisation of tasks. Each team member gets an opportunity to practice their uniquely personal leadership skills while being held accountable by their team members.

OUTCOME

During the activity, the interaction between team members moves to a practical and highly effective level – the goal is to get the job done and to get it done well. Teams report that they experience a great balance of challenge and enjoyment. Even those who have never cooked before are supported by more experienced team members and can contribute to a tangible outcome that is of value for the whole team. Pairing elements of collaboration and competition make this activity a valuable tool to increase team effectiveness and improve execution.